



Comhairle Chontae na Gaillimhe Galway County Council



WATER CONSERVATION IN THE HOME

As our population grows, so does the demand on our water resources. If we are all to enjoy our precious reserves we must be more aware of water conservation.

TOP TIPS TO CONSERVE WATER:

IN THE KITCHEN

- » Run the dishwasher/washing machine only when it is full
- » Wash your vegetables in the sink or a basin- this water can then be used to water indoor plants instead of pouring it down the drain
- » Put water in the kitchen sink to wash and rinse dishes rather than letting the water run while you wash or rinse
- » Don't use running water to thaw food
- » Install aerators in the taps to reduce water flow if necessary

IN THE BATHROOM

- » If your shower can fill a 4 litre bucket in 20 seconds, replace it with a water-efficient shower head
- » Install a water saving device in your

cistern if necessary

- » Try to minimise the time spent in the shower
- » Turn off the tap while brushing your teeth

IN THE GARDEN/YARD

- » When washing your car use a bucket of water instead of a hose
- » Harvest rain water
- » Ensure there are no leaks in outside taps

A running tap can use up to 1,800 litres of water per hour.

Turning the tap off when brushing your teeth can save over 7,000 litres of water per year.

When making tea or coffee only fill the kettle with enough water for your needs. This will save energy too.

Only run your washing machine and

dishwasher when they are full. A washing machine on full cycle uses up to 65 litres of water and dishwashers use 20 litres per cycle.

Always check for leaks as treated water is a valuable commodity.

REMEMBER - IT'S EASY TO MAKE A DIFFERENCE!



FURTHER INFORMATION
IS AVAILABLE FROM:

The Waste Prevention Programme
Environment Section
Galway County Council

Tel: 091 476 488

E-mail: snimhain@galwaycoco.ie

Paper sourced from sustainable forests



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UISCE A CHAOMHNÚ SA BHAILE

De réir mar a théann an daonra i méid, méadaíonn an t-éileamh ar ár n-acmhainní uisce. Má táimid chun leas a bhaint as ár gcúltaiscí lómhara, caithfidimid a bheith níos feasaí maidir le caomhnú uisce.

LEIDEANNA MAIDIR LE HUISCE A CHAOMHNÚ:

SA CHISTIN

- » Ná cuir an miasniteoir/meaisín níocháin ar siúl go dtí go mbeidh sé lán
- » Nigh do chuid torthaí nó glasraí i ndoirteal nó i mbáisín agus úsáid an t-uisce le cur ar phlandaí sa teach
- » Cuir uisce i ndoirteal na cistine chun gréithe a ní
- » Ná úsáid uisce reatha chun bia a leá
- » Cuir áis sábháil uisce i do sconna

SA SEOMRA FOLCTHA

- » Más féidir le do chithfholcadán buicéad 4 lítear a líonadh i 20 soicind, cuir cloigeann nua tósach ar uisce ina áit
- » Cuir áis sábháil uisce i do shistéal más gá

- » Déan iarracht a laghad ama agus is féidir a chaitheamh sa chithfholcadán
- » Cas as an sconna agus tú ag ní do chuid fiacla

SA GHAIRDÍN/CÚLCHLÓS

- » Úsáid buicéad in ionad píobán agus tú ag ní do charr
- » Bailigh uisce báistí
- » Áirithigh nach bhfuil aon uisce ag sceitheadh

In aon uair is féidir suas le 1,800 lítear uisce sceitheadh ó sconna atá ag rith.

Is féidir leat níos mó ná 7,000 lítear uisce a spáráil sa bhliain má chasann tú as an sconna agus tú ag ní do chuid fiacla.

Ná cuir ach an méid uisce a theastaíonn uait sa chiteal agus tú ag déanamh tae nó caife.

Ná cuir do mheaisín níocháin nó miasniteoir ar siúl go dtí go mbeidh siad lán. Úsáideann meaisín níocháin ar thimthriall iomlán suas le 65 lítear uisce agus úsáideann miasniteoir 20 lítear.

Cuimhnigh gur tráchtearra luachmhar is ea uisce – seiceáil do sceitheadh.

CUIMHNIGH - IS FURASTA DIFRÍOCHT A DHÉANAMH!



BREIS EOLAIS LE FÁIL Ó:

An Clár Coiscthe Dramhaíola
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Páipéar ó fhoroisí inbhuanaithe