

What's in your Bin?

14% Plastics

16% Paper/Card

8% Nappies

7% Textiles

4% Glass

3% Metal



1/3

**OF WHAT'S
IN YOUR BIN IS...**

FOOD WASTE



Waste collection and disposal is expensive and environmentally damaging so why not... **SAVE MONEY AND HELP THE ENVIRONMENT.**

PREVENT • REUSE • COMPOST AND RECYCLE

RETHINK WHAT YOU THROW OUT!



For more information visit
FoodWaste.ie



**Cork County Council,
Environmental Awareness Unit,
Inniscarra,
Co. Cork.**



Why Waste Food?

YOU'RE BEING

ROBBED!



Imagine after buying your groceries someone stole 1/3 of them!
That's what we do to ourselves... 1/3 of the food we buy is thrown out!
For the average household, THAT'S WORTH ABOUT €1,000 EACH YEAR!

What can you do?

- ✓ **Understand what's being wasted...** make a checklist of the things you throw out.
- ✓ **Buy better...** plan your shopping and don't get seduced by special offers.
- ✓ **Learn savvy storage tips...** proper storage will make your products last longer.
- ✓ **Become a canny cooker!** Learn portion sizes and cut down on waste!



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Why Not Compost!



**It's easy
once you
know how!**



**There are many systems available
to meet your household needs:**

Holding Bins

Turning Systems

Wormeries

Green Cones

Mulching and Grasseycling



For more information visit

STOP FoodWaste.ie



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Reap the **Rewards...**



**Preventing and reducing food waste and composting at home can...
save money, conserve resources, protect your local environment
and help your garden grow!**



Community Composting is a great way to get these messages across. As part of this programme Master Composter demonstration sites have been set up around the country, including one in Mallow in conjunction with Cork County Council.



**This programme is part of the EPA
National Waste Prevention Programme.**



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